



## Coordinator's Corner

I had the opportunity to teach for the Decatur parish nurse class this past weekend. Carol Smith has nine nurses giving up their weekends to learn all about faith community nursing! They were a delightful group.

Bev and I are working on the dates for our next course. Spring break, Passover, Easter, wrestling tournaments and of course U of I home games are all things to work around. We hope to have the dates out by the next newsletter.

STATS NEEDED! The past two months we have not heard from several of you as to what you are doing in your ministry efforts. Our program has been successful due to the impact all of you make in your churches. We need your stats for our monthly reports for the Board. PLEASE get caught up and let Bev know what you did in June and July. REMEMEBER to check in via voice or email even if you weren't doing parish nursing that month so we know why we are not receiving stats from you.

Annual Meetings - thanks to all who got theirs completed in this last wave. The next time period for annual meetings will be January- seems far away but I know it will be here before we know it.

IPNRC pins are available for purchase by anyone who completed our program. Information on ordering and photos of the pins are in this newsletter.

We are getting ready to head to Westberg in September and will have a presence both as participants and presenters. There is ALWAYS great info to be shared and it is a

welcome respite every fall.

I will be asking Mark Holley to speak for our CE program this spring on Boundaries. This is an area where many of us struggle. Mark is doing a pre-conference on this topic at Westberg and I will ask for a shorter version for our education series. REMEMBER our next program is September 18 with Rev Jeff McPike on "Understanding Bereavement". Our programs are FREE and of course you are welcome to bring church members who are interested in the topic being presented.

Please read through the prayer list and hold your colleagues and their intentions in your heart.

Blessings,

Faith



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## Prayer List—Please Pray for:

Meg Karayiannis—daughter of Coletta  
Ackermann

Chrystal Overby (Winter 2007)

Prayers of thanksgiving for Mary Galyen's  
granddaughter and her continued healing

For our beloved colleague Nancy Bree who  
is facing continued health challenges

For the parish nurse whose family is  
undergoing  
an extremely stressful time right now

For our newest parish nurses who  
are finding their footing in our specialty



## Volunteers Needed

We would like to have a Vial of Life display at the annual Mental Health and Aging Conference which will be held at the Holiday Inn in Urbana on October 27<sup>th</sup>. We don't have the exact times yet but anticipate we will need a couple nurses each during 2 shifts: 8:30-11:00 and 11:30-1:30.

If you would like to help, please call or email Bev at (217) 326-2583 or [beverly.talbott@carle.com](mailto:beverly.talbott@carle.com)



## Volunteer Opportunity—Champaign County Christian Health Center (CCCHC)

There is a need for prayer coverage at the Orchard Street satellite of the CCCHC. It entails 2 working together, going into the waiting room and praying with people prior to them receiving medical care.

If this is something you might be interested in, please contact

Other volunteer opportunities are listed on their website—[www.ccchc2003.org/](http://www.ccchc2003.org/)

## EDUCATIONAL RESOURCES

### 2010 Westberg Symposium

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24th Annual Westberg  
Parish Nurse Symposium  
*Thriving in a Changing World*  
Saint Charles Convention Center  
Saint Charles, MO  
*September 17-19, 2010*

The Westberg Symposium is a professional meeting for the specialty practice and ministry of parish nursing. The focus of the conference is dedicated to promoting overall wellness including spiritual, physical and mental health. The attendees come to the conference with a vested interest to learn new practices and resources so they can better educate their congregations. The exhibit hall is the perfect environment for vendors to showcase their services and products to a targeted group of approximately 400 - 500 individuals that share the same platform.

To see the brochure online, click on this link

[www.macregistrations.com/  
westberg2010/  
Brochures/2010\\_Brochure.pdf](http://www.macregistrations.com/westberg2010/Brochures/2010_Brochure.pdf)

### Compassionate Care

#### Retired Nurse Training

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**September 9 & 10**  
**9:00-3:30**

We invite parish nurses to be involved with our Compassionate Care Retired Nurse Project. This involves a two day training on September 9 and 10 from 9-3:30 at the Carle Development Foundation offices at the corner of University and Lincoln in Urbana. The Compassionate Care Retired Nurse (CCRN) project involves 4-8 hours volunteering per month maximum, following one patient with home visit, phone calls, or e-mails with patients/families. This program is based on the importance of Palliative Care and involves "Care not Cure... Dialogues at the Transition" and uses the "4 R Model" of Relate, Review, Revise, and Reflect with patients and families. Also a review of community agencies and available resources is provided and the opportunity to use these hours in the Carle Auxiliary if so desired. **Contact Sandy Reifsteck at 217-398-3308 or [swr4007@aol.com](mailto:swr4007@aol.com) for more information.** This project is sponsored by the Carle Development Foundation.



## Parish Nurse Education Series

### **September 18**

Rev. Jeff McPike, Chaplain at Carle presents: Understanding Bereavement and its impact for Patient Care  
9:00-10:30 am  
Forum at Carle

### **November 13**

Bill Duey presents on Fit-2-Serve at New Horizon United Methodist Church, Champaign

### **January 8, 2011**

Faith Roberts presents  
From Wedding Rings to Nose Rings...  
Generational Differences in the Pews  
9:00-10:30 a.m.  
Forum at Carle

**To register, please call Bev at 217-326-2583 or email [beverly.talbott@carle.com](mailto:beverly.talbott@carle.com)**

Carle Foundation Hospital is approved as a provider of continuing education in nursing by the Illinois Nurses Association's Continuing Education Approver Unit which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation.

As required by the American Nurses Credentialing Center's Accreditation Program, we would like to make you aware of all potential conflicts of interest(s). This educational activity's planners and presenters have indicated they have no bias or conflict of interest. There is also no commercial support.

## Peer Support Group

### **Fall 2010 Family Service Self Help Conference**

**Date:** Saturday, October 30, 2010  
9 a.m. – 4 p.m.

**Location:** The Forum at Carle, Urbana

**Theme:** Peer Support Groups: Providing Meaningful Connection in the Modern World

**Keynote Speaker:** Dr. M'ellen Kennedy, PhD, M.Div. Interfaith minister and community psychologist with 25 years experience facilitating and consulting with small peer support groups

**Small Group Sessions/Workshops/ Exhibits:** Scheduled throughout the day

**Intended Audience:** Facilitators and members of peer support groups, professionals working with or interested in peer support groups, parish nurses, pastoral staff, students in human service or health professions, and the general public

**For Additional Information:** Contact Sharon Monday, Self Help Center Coordinator, 352-0099 or e-mail [smonday@familyservicecc.org](mailto:smonday@familyservicecc.org)

## RESOURCES

### National Health Observances

#### September

##### **Prostate Cancer Awareness Month**

Zero - The Project to End Prostate Cancer  
10 G Street NE, Suite 601  
Washington, DC 20002  
(888) 245-9455  
(202) 463-9455  
[info@zerocancer.org](mailto:info@zerocancer.org)  
[www.zerocancer.org](http://www.zerocancer.org)  
Materials available

#### **Sept 19-25**

##### **National Farm Safety & Health Week**

National Education Center for Agriculture  
Safety  
10250 Sundown Road  
Peosta, IA 52068  
(888) 844-6322  
[www.nsc.org/necas](http://www.nsc.org/necas)  
Materials available



#### October

##### **National Breast Cancer Awareness Month**

National Breast Cancer Awareness Month  
Board of Sponsors  
C1C-315  
1800 Concord Pike  
Wilmington, DE 19850-5437  
[nbcamquestions@yahoo.com](mailto:nbcamquestions@yahoo.com)  
[www.nbcam.org](http://www.nbcam.org)  
Materials available



##### **Sudden Infant Death Syndrome Awareness Month**

First Candle/SIDS Alliance  
1314 Bedford Avenue, Suite 210  
Baltimore, MD 21208  
(800) 221-7437  
[www.firstcandle.org](http://www.firstcandle.org)  
Materials available

#### **October 3-9**

##### **Fire Prevention Week**

National Fire Protection Association  
1 Battermarch Park  
Quincy, MA 02169-7471  
(800) 344-3555



## Parish Nurse pins from IPNRC— available for purchase

Educational Partners may order the IPNRC stained glass pins for graduates of their classes.

- ◆ Stained Glass Pin w/Parish Nurse Lavalier \$18.00 each
- ◆ Stained Glass Pin w/Congregational Nurse Lavalier \$18.00 each
- ◆ Dove & Cross Pin \$8.00 each

We can order pins for you. Just email Bev with your request to [beverly.talbott@carle.com](mailto:beverly.talbott@carle.com) or call her at (217) 326-2583.



## Volunteer Opportunities—Champaign County Christian Health Center (CCCHC)

### Champaign County Christian Health Center

P.O. Box 1400

507 S. Second St. Suite 2E

Champaign, IL 61820

In 2003 Champaign County Christian Health Center was created to help those members of the community who do not have insurance of any kind. Our mission is to show and share the love of Jesus Christ to our neighbors of Champaign County by providing holistic, free, and quality health care services. We bring together volunteers from around the community: doctors, nurses, social workers, and those with a passion to help their community.

The need for our clinic is stronger than ever. We have patients from all walks of life. We have those who cannot afford insurance costs from their employers. Those who had insurance last month, but are now without. Those who are now unemployed due to the economy. A trip to the doctor is unaffordable, and a trip to the ER may become unavoidable. Our goal is to serve these community members to not only improve their health, but to help them maintain good health.

Moving into the Fall season we are looking to expand our clinic hours. We cannot do this without the help of medical professionals. Our current priority is to increase the number of providers at our clinic. This includes registered nurses. We are open to medical professionals from every area. Whether a provider is family practice, internal medicine, or specialist we invite you to join in serving those who are uninsured. If you have a passion for caring for others we invite you to join our mission. The difference you can make in even one life can be powerful.

We have approximately 7 clinics each month. Our clinics and hours are as follows:

<b>Tuesday Evening (Weekly)</b>	<b>Main Clinic</b>	<b>5:40-7:40pm</b>
<b>1<sup>st</sup> Wednesday (Monthly)</b>	<b>Main Clinic</b>	<b>6:00-8:00pm</b>
<b>2<sup>nd</sup> &amp; 4<sup>th</sup> Thursday Evening (Monthly)</b>	<b>Walk-In Clinic</b>	<b>6:00-8:00pm</b>

We invite all those interested in volunteering to attend one of our monthly orientations. The next orientation is Wednesday, September 15<sup>th</sup> at 6:30pm. Orientation is held at our Main Clinic location (507 S. Second St Champaign. 2<sup>nd</sup> floor of the Dental Circle Building). At orientation we discuss opportunities, scheduling, and answer questions that volunteers may have.

If anyone has any questions they may contact us at Champaign County Christian Health Center by phone at 217-766-6666 or by email at [volunteer.ccchc@gmail.com](mailto:volunteer.ccchc@gmail.com). We look forward to working with your congregation!

Thank you and God Bless!

Sheri Williamson

Community Parish Nurse Program  
611 West Park Street  
Urbana, IL 61801

