



Blessings

The Community Parish Nurse Program
Sponsored by The Carle Foundation

June 2010

Coordinator's Corner

The dates are set for the first three CE programs for parish nurses! All sessions will be held at Carle in the Pollard Auditorium at The Forum. See inside this newsletter for details. I will teach two of the classes and Rev. Jeff McPike will teach one. I am looking forward to seeing many of you there.

Parish nurses from around the country will be in San Francisco the second week in June to discuss and brainstorm how health care reform will impact our congregants, the future of faith community nursing and the critical components that build our practice. Deb Patterson will be there from IPNRC and the program is being hosted by Health Ministries Association. We are anxious to hear what comes from this meeting.

Summer programming is here—check your vacation bible school needs, look into Farm Safety programs and schedule Stuffee to make an appearance in your town :-)

30 day med boxes are available as are Vial of Life and B/P cards from our office—call Bev at (217) 326-2583 or email beverly.talbott@carle.com

Westberg this year looks great! PLEASE call us if you would like to join our group either through a scholarship or if your church is paying the registration. Remember we cover transportation and lodging. The on-line link is located in this newsletter. Westberg is a great opportunity for learning ,connecting and a wonderful time for rejuvenation

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of our own spirits. Please review the sessions and let us know if you want to come. SCHOLARSHIPS ARE STILL AVAILABLE for several classes.

The fall parish nurse class will be in Decatur and ours will be this winter. As soon as dates/location for the winter one are selected we will publicize for you.

Our very own Kim Busboom had a great volunteer opportunity for church members. Please see the details of the partnering with the National Kidney Foundation in bringing diabetes and kidney screening to this area-FREE. Kim (Fall 1997) is our walking miracle as a successful transplant recipient of a kidney and a pancreas. If you can help our please let us know.

As the end of school nears for many, graduations and weddings fill our calendars. Please take a moment and thank God for your health and the gifts you have received. It is truly your gifts as a nurse that our church members are seeking. Make a commitment to take/make the time this summer to pray often. LISTEN to where God is leading you and hush the intrusive yearnings of "stuff" and "busyness". Enjoy the beginning of a beautiful time of the year!

Blessings,

Faith



STUFFEE

Stuffee is an exciting educational tool for teaching children about nutrition and basic anatomy. He is a large doll whose big green zipper opens to reveal fascinating soft-sculptured organs — colorful reproductions of the heart, intestines, lungs, stomach and digestive organs. Stuffee's heartbeat and pulse may be checked by touching the bright red heart on his chest or wrist. He even comes with a lunch box that contains many "foods" for him to eat, so you can show kids how digestion starts from the beginning.

Stuffee is located at the Storeroom on the Carle Foundation Hospital campus. To reserve Stuffee for your church or school, please email dana.hagerstrom@carle.com in the Public

Relations department. Carle will supply coloring sheets and stickers for you to hand out to all the children, but you will be in charge of teaching and transportation.

[Directions to pick up Stuffee from Carle Foundation Hospital](#)



Prayer List - Please Pray for:

Continued prayers for the grandson of Jackie Long

A fast and full recovery for JoAnn McGrain

For our beloved colleague Nancy Bree who is facing continued health challenges

*For the parish nurse whose family is undergoing
an extremely stressful time right now*

*PRAYERS of THANKSGIVING for a nurse colleague on the plane to
Korea to meet and bring home her infant son*

For our newest parish nurses who are finding their footing in our specialty

*For the parish nurses and parish members of St. Mary's Church in
Westville prayers of support as they say good-bye to their school that
has served them for over 100 years*

*For our nurse colleagues at the Vermilion County Health Dept that
have lost their jobs as a result of SEVERE budget cuts*

Kathy Buttitta's husband Jim

Cindy Bell

*For the parish nurse who has decided to become active again in a
ministry that has been inactive for over two years*

Bob and Carolyn—the parents of a friend of parish nurses

Meg Karayiannis—daughter of Coletta Ackermann

Prayers of thanksgiving from a new grandma!

For the parish nurse who is overwhelmed and needs to set boundaries

Darrell Sechrest and family

For those whose immediate family have been affected by the poor economy



*In remembrance of Ellen Kinney, a parish nurse from
St. Mary's Church, Bloomington who passed away
March 28, 2010.*

EDUCATIONAL RESOURCES

2010 Westberg Symposium

24th Annual Westberg Parish Nurse Symposium

Thriving in a Changing World

Saint Charles Convention Center

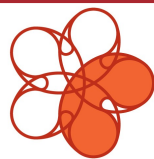
Saint Charles, MO

September 17-19, 2010

The Westberg Symposium is a professional meeting for the specialty practice and ministry of parish nursing. The focus of the conference is dedicated to promoting overall wellness including spiritual, physical and mental health. The attendees come to the conference with a vested interest to learn new practices and resources so they can better educate their congregations. The exhibit hall is the perfect environment for vendors to showcase their services and products to a targeted group of approximately 400 - 500 individuals that share the same platform.

To see the brochure online, click on this link
[www.macregistrations.com/westberg2010/
Brochures/2010_Brochure.pdf](http://www.macregistrations.com/westberg2010/Brochures/2010_Brochure.pdf)

Carle is partnering with the National Kidney Foundation in a community event here at the Forum. Free screenings for kidney disease and diabetes will be offered to the community at no cost. This event will be held **Friday, June 18th from 10:00am to 2:00 pm. Volunteers needed for 2 hour or 4 hour time periods.** Assistance at check in station and 7 other stations will be needed. Staff from the National Kidney Foundation will also be present. **Volunteers can include clerical/support staff, healthcare techs, phlebotomy, nurses, MD's and residents.** Nurses...this is a great opportunity to become involved in a community based event that will benefit your re-leveling process! Please contact Kim Busboom at kim.busboom@carle.com as soon as possible to join the team! (Contact Kim or Bev to get the flyer below)



**National Kidney Foundation[™]
of Illinois**

prevent.

educate.

empower.

Take charge of your health & attend a *free* screening through the KidneyMobile[®] program!

blood pressure · blood sugar · body mass index (BMI) · waist circumference ·
urinalysis · blood draw · private consultation with medical professional ·
Visit the KidneyMobile[®] for an educational tour!

FREE KIDNEY & DIABETES SCREENING!

No appointment needed!

**Location: Carle Medical Campus
The Forum at Carle
611 W. Park St. Urbana, IL 61801**

**Date: Friday, June 18, 2010
Time: 10:00 a.m.—2:00 p.m.**

For more information, please contact us at:
National Kidney Foundation of Illinois, Inc.
215 W. Illinois Street, Suite 1C
Chicago, Illinois 60654
312.321.1500 phone 312.321.1505 fax
www.kidneymobile.org

Carle



The KidneyMobile[®]: On the Road to Healthier Living

Parish Nurse Education Series

July 10

Faith Roberts presents
Forgiveness...So Difficult Yet So
Necessary
9:00-10:30 a.m.
Pollard Auditorium
Forum at Carle

January 8

Faith Roberts presents
From Wedding Rings to Nose
Rings...Generational Differences in
the Pews
9:00-10:30 a.m.
Forum at Carle

September

Rev. Jeff McPike, Chaplain at Carle,
presents on Bereavement
Exact date/time to be determined
Forum at Carle

Carle Foundation Hospital is approved as a provider of continuing education in nursing by the Illinois Nurses Association's Continuing Education Approver Unit which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation.

As required by the American Nurses Credentialing Center's Accreditation Program, we would like to make you aware of all potential conflicts of interest(s). This educational activity's planners and presenters have indicated they have no bias or conflict of interest. There is also no commercial support.

Volunteers Needed

The Champaign County Farm Bureau Health Fair will be held on June 23rd. There will be a table for distributing the Vial of Life and one for taking blood pressures hosted by our parish nurses. We will need 3 parish nurses for this 2 hour event. We will provide the Vial of Life kits and the BP equipment. If you can

help, please contact Bev at (217) 326-2583 or email beverly.talbott@carle.com

The event will be held from 5-7 pm at the Champaign County Farm Bureau Building, 801 Country Fair Drive, Champaign.

RESOURCES

National Health Observances

June—July

June 1–July 4

Fireworks Safety Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
www.preventblindness.org
Materials available

August

National Immunization Awareness Month

National Center for Immunization and
Respiratory Diseases
Center for Disease Control & Prevention
1600 Clifton Road, NE, MS E-05
Atlanta, GA 30333
(800) CDC-INFO (232-4636)
Materials available

Grief Ministry Resources

After speaking at a recent parish nursing conference in Florida on the subject, "Surviving a Life Changing Loss as a Person of Faith," several leaders and participants encouraged me to contact other parish nurses and health care ministers concerning the grief ministry resources mentioned below.

It is my experience that parishioners who have had life-changing losses benefit greatly from local parish grief studies. But that is only true if such studies are compassionate in tone, help persons to face realistically their pain and suffering, and provide sound spiritual guidance.

That is why, after many years as a pastor, as a facilitator for grief support groups, and ministry in the mental health field, I decided to write a new book to help persons of faith through times of personal tragedy, and to assist facilitators/teachers leading church studies. *Times of Tragedy and Moments of Grace* was published last August.

Now, in response to requests from many pastors, lay teachers, parish nurses, and group facilitators, I have also completed a *free study guide* for local

churches which wish to study this book.

Times of Tragedy and Moments of Grace is an easy to read spiritual guide for all those who are struggling with surviving a life changing loss as persons of faith. It is especially appropriate for grief classes, Bible study groups, Church School classes, and for a wide variety of support groups. The Study Guide provides detailed instructions and handouts for the study of each chapter. Members of a recent class at St. John's United Methodist Church in Sebring Florida described the study as life changing.

You can go to www.johnfbaggett.com to learn more about the book and how to request your free study guide. I hope you will also pass this email along to other parish nurses and health care ministers who might be interested, and to others who work with the grieving, such as, chaplains, grief group facilitators, study group and class leaders, and Stephen Ministers.

Grace and Peace

John Baggett

*Community Parish Nurse Program
611 West Park Street
Urbana, IL 61801*

