



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

- H1N1 FLU ALERT -

ATTENTION: Pregnant Women and/or Asthma Sufferers

If you are **PREGNANT** or have **ASTHMA** and you get flu-like symptoms (**FEVER** with a Cough and/or Sore Throat) call your health care provider **IMMEDIATELY** to see if you require anti-virals.

ASTHMA and **PREGNANCY** have been linked to many H1N1 flu hospitalizations and deaths. Anti-virals are most effective when used in the first 48 hours of becoming ill.

Do not wait to call your health care provider.

H1N1 Flu Information Line: 1.866.848.2094

Additional Informational Resources: www.c-uphd.org
www.stock2forflu.com
www.champcoprepares.com

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