



Blessings

The Community Parish Nurse Program
Sponsored by The Carle Foundation

February 2009

Coordinator's Corner

It is with GREAT joy that we share the wonderful news received this week from Betsy Kakoma that her husband's latest report showed no new cancer cell growth! Betsy (Winter 2007) was emphatic that ALL OF YOU know how grateful she is for your prayers and support.

In the last few weeks we have received many calls and emails expressing an interest in taking the parish nurse class. We do not have any dates at this time for a 09 class and are directing interested individuals to Decatur or Springfield classes. As soon as we know our dates we will get that out to all of you.

CEU's The Illinois Department of Finance Professional Registration (IDFPR) still has not updated the rules for the new practice act that became law on

1/2/09. They are now saying CE accrual will not begin until the NEXT license renewal cycle. We will NOT have to compile proof of CE accrual until after the next license renewal period begins.

End of Life decision making is a topic that so many people struggle with understanding. One of our physicians here at Carle sent me this website and I found it to be most informative. The video is powerful and the premise simple. Take a moment to visit this site @ www.Engagewithgrace.org

Our hearts are full with love and sadness for the family of Cathy Faulstich on the loss of her beloved son-in-law, Jon. Many of the parish nurses followed Julie and Jon's journey throughout the last 7 months via the care pages Julie kept updated. Please hold them in your

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prayers as you do with all of the people on our prayer list.

I recently presented in San Antonio TX to a group of Methodist parish nurses. They played music from the CD Touched by an Angel and several of the songs touched my heart. I recommend it to anyone looking for some new music.

www.amazon.com/Touched-Angel-Album-Various-Artists/dp/B00000DHR7

Lent gives us the time to reflect on how we will prepare ourselves for true Easter joy. Several of our churches are offering walking programs as a way to get congregants more active. This time

of year though, walking outside can be sporadic due to the weather. Consider listing indoor walking areas (gyms, malls, etc) in your bulletins to keep people active and also safe. If you're interested in borrowing our "Walk to Jerusalem" or "Get My People GOING!" materials, contact Bev.

Hope the weather warms soon as we can see some green outside ☺

Blessings

Faith



Prayer List - Please Pray for:

Chris Pinne who has been deployed to Afghanistan

Betsy & Ibulaimu Kakoma—prayers of THANKSGIVING that Ibulaimu is free of cancer

God's blessings on Judy Icenogle who will be moving to Pekin in June as her husband retires as pastor of their church

Twila & Cliff Holstein

Prayers for continued healing for Judy Ciecka

For the parish nurse who has gone inactive due to family issues

For the parish nurses beginning Walk to Jerusalem this Lenten season

Margaret Miller and her husband

Charlotte Connerton

Barb DeReus

Melva Solon

For Cathy Faulstich and her family

For the parish nurse who is struggling to be heard

Teri Pate

Marcia Eischen—pastor's wife at Lisa Guthrie's church



Volunteers needed for Vial of Life—1 more needed

The Champaign County Farm Bureau Women's Committee will be holding their health fair on:

**March 26th
5:30-7:00 pm
Champaign Co Farm Bureau
801 Country Fair Drive
Champaign**

They anticipate about 75 people. We are looking for volunteers to do Vial of Life for our program. If you can help, please contact Bev at (217) 326-2583 or

beverly.talbott@carle.com

Monthly Stats—We need your numbers

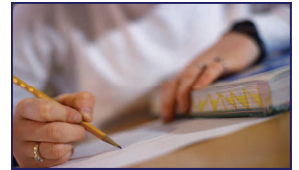
It is important to our program to validate the work that is being done by parish nurses and, more importantly, for you to keep accurate records of the encounters you have in your congregation.

You can send us your stats via email, phone (217-326-2683) or enter them online (www.parishnurse.org—Parish Nurse Connection—contact Bev for user name/password). Don't forget they're due by the 5th of the month and it's never too late to catch up.

If you have any questions, experience any problems or need help accessing the site, please call Bev at (217) 326-2583 or email beverly.talbott@carle.com

We also have an email reminder service. For those

interested, we can send you a monthly email at the end of the month to remind you to get your stats turned in. If you would like to receive these monthly reminders, just email Bev and ask to be put on the stats reminder email list.



23 56
3 9
37
15 41

Parish Nurse Liability Insurance—Last chance

It is time to renew your liability coverage as a parish nurse. As we have done in the past year, Carle will absorb the cost of your parish nurse liability protection through our own carrier for active parish nurses who have completed our program.

If you would like this coverage, you need to complete the form and return to me ASAP. The forms need to be completed each year. If you are not a

Carle employee, please include a COPY of your current Illinois RN license.

Please feel free to contact us if you need a form or if you have any questions.

Bev Talbott
 (217) 326-2583
beverly.talbott@carle.com

Blood Pressure Record Sheets

Due to special request, they're back. We once again will have available a Blood Pressure Record SHEET with graph. This is a 8-1/2 x 11 double-sided sheet that has room to list BP readings and a chart to track them. This is in addition to our blood pressure record CARDS.


If you are interested in these sheets, please let Bev know and she can email you the form to print or she can mail you a pad of the forms.

Name _____
 Doctor's Name _____
 Current Medications _____

From _____
 Phone _____

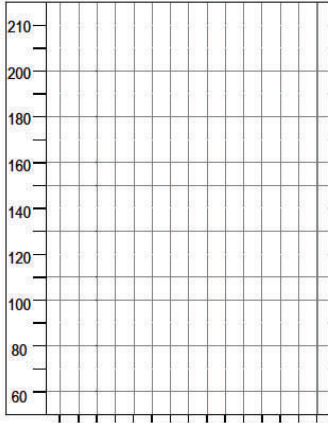
To _____

Blood Pressure Record



Community Parish
Nurse Program

Reading #	Date	Time	Reading	
			Systolic	Diastolic
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				



Directions: Write the date, time and your systolic and diastolic readings. Track your reading on the graph. Photocopy to make extra copies.

EDUCATIONAL RESOURCES

Springfield Spring 2009 Parish Nurse Class

Springfield's Basic Parish Nurse Class 2009 course will be held over four weekends in the Spring beginning the weekend of March 6 & 7.

Contact information:
Tracey Kreipe
St. John's Hospital
Springfield, IL
tracey.kreipe@st-john.org

The dates are as follows:

March 6 & 7
March 20 & 21
April 3 & 4
April 17, 18 & a dedication ceremony on April 19

Decatur Fall 2009 Parish Nurse Class

Decatur's Basic Parish Nurse Class 2009 course will be held over three weekends in the Fall beginning the weekend of September 11 & 12.

Contact information:
Carol Smith
crlsmth@aol.com
Decatur Memorial Hospital
Decatur, IL
(217) 876-4445

The dates are as follows:

September 11, 12
October 9, 10
November 6, 7 & a dedication ceremony on November 8

Dr. Harold Koenig Testifies before Congress on the Need for Parish Nurses

Harold G. Koenig, MD, Associate Professor of Psychiatry and Associate Professor of Internal Medicine, Duke University Medical Center, has compiled a remarkable document on "Religion, Spirituality and Public Health: Research, Applications and Recommendations," which he presented to the Subcommittee on Research and Science Education of the U.S. House of

Representatives last September. One of those recommendations was that the government "consider partial government support for parish nurse programs . . . [which] could represent a substantial cost savings for Medicare and Medicaid." You can read the full text of his testimony by clicking this link <http://science.house.gov/publications/Testimony.aspx?TID=14951>.

Email

Are you receiving emails from us? If not, your email address may not be up-to-date in our files. Send updates to Bev at beverly.talbott@carle.com

Get the newsletter **faster** and help us save paper and postage by getting your newsletter electronically!



RESOURCES

National Health Observances

March

Nation Brain Injury Awareness Month

Brain Injury Association of America
1608 Spring Hill Road, Suite 110
Vienna, VA 22182
(703) 761-0750

www.biausa.org

Materials available

National Colorectal Cancer Awareness Month

Prevent Cancer Foundation
1600 Duke Street, Suite 500
Alexandria, VA 22314
(800) 227-2732

www.preventcancer.org/colorectal

Materials available

National Nutrition Month

American Dietetic Association
120 South River Plaza, Suite 2000
Chicago, IL 60606-6995
(800) 877-1600

www.eatright.org

Materials available



April

National Donate Life Month

Division of Transplantation, Healthcare
Systems Bureau
Health Resources and Services Admin
US Dept of Health & Human Services
Parklawn Bldg, Room 12C-05
5600 Fishers Lane
Rockville, MD 20857
(301)443-7577

www.organdonor.gov

Materials available

National Child Abuse Prevention Month

Child Welfare Information Gateway
Children's Bureau
Administration for Children & Families
1250 Maryland Avenue SW
Washington, DC 20024
(800) 394-3366
(703) 385-7565
info@childwelfare.gov

www.childwelfare.gov/preventing

Materials available

April 26-May 3

National SAFE KIDS Week

Safe Kids Worldwide
1301 Pennsylvania Avenue NW
Suite 1000
Washington, DC 20004-1707
(202) 662-0600

www.usa.safekids.org

Materials available