



Blessings

The Community Parish Nurse Program
Sponsored by The Carle Foundation

February 2008

Coordinator's Corner

February is over halfway gone and the weather still is deciding between winter and spring! My husband and I took a week off and went to Florida. We were delayed getting back due to the heavy snow melting and so much fog. We circled Bloomington, then Danville and finally they flew us to St Louis to refuel only to come back and land 3 and a ½ hours later in Bloomington! That evening there was thunder and lightening and the next day it was 40 degrees! Go figure...

Plans are ratcheting up for a winter class. PLEASE if you know of anyone who is interested in attending have them call Bev @ 326 2583.

Jenny Trimmell and I presented an evening program for the McLean

county nurses this week. It was nice to see so many welcoming and familiar faces. GREAT NEWS!! Bloomington is planning a fall class!

This Wednesday I leave for Anchorage, Alaska where I will offer a retreat for the clergy and parish nurses of that state. I am very excited and looking forward to this experience immensely! I have never been to Alaska so should be an AWESOME time. I ask for your prayers for safe travels and that the retreat will be successful for those who attend.

As we plan and hope that spring is around the corner ,make sure to call and reserve Stuftee if you plan on utilizing him as a teaching tool @ your

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health fair.

PLEASE check with your church and see if they are offering assistance for our brothers and sisters in the Watseka area who continue to struggle with the deplorable conditions of previous flooding. With the added rain of the last few days many remain homeless. Their needs are many: drinking water, food, diapers, etc. We all need to reach out to a community that is hurting so much. As we sit in our fellowship halls with hot coffee and donuts we should remember others in need that are so close. They are accepting donations through most of the churches and social service agencies. Call and see what your church can do to help.

Our hearts are full and the tears are flowing for Sheri Sikma (Fall 2004) whose dear husband Gerry died on January 29 after a battle with cancer. God called him home at the young age of 41. He leaves behind his loving and devoted wife Sheri and a young

son and daughter. The parish nurses in the Kankakee area are a tight group and have embraced Sheri and her family for the past year. ALL of us need to keep this young family in our prayers.

I am hoping all of you have escaped the winter doldrums that come with the constant grayness and are able to see the wonder of God in the everydayness around us. Last week here at the hospital I saw a young couple headed out the door all smiles with a brand new baby and countless blue balloons. That definitely perked up my spirits!

Blessings,

Faith



New Resource in our office—SeniVision

SeniVision™—The New Outlook
on Senior Lifestyle and Care

St. Therese Home, Inc. that serves seniors through housing, nursing home, home care, etc., have developed a tool kit for seniors or baby boomers to plan for their aging years. This tool kit would be a great resource book for any parish nurse. It is an updatable tool kit and has check lists in each section for the parish nurse or family member to review to

ensure all areas are thought about. It has helped many families deal with their loved ones aging process and even working on their own aging process.

Contact Bev (326-2583 or
beverly.talbott@carle.com to check the
book out from our office.

[www.senivision.net/test/
ordersenivision.htm](http://www.senivision.net/test/ordersenivision.htm)

Prayer List - Please Pray for:

Hold in our hearts the family of Marie DesChamps (Spring 1998) as their mother/grandmother enters Hospice

Thanksgiving for the Mahomet parish nurses who have volunteered to continue to take B/P's for the seniors of their town

Congrats to Jenny Trimmell on her promotion at the Vermilion County Health Department

For a safe and successful surgery for our program supporter Alice McLaughlin

Safe travels for JoVeta Wescott and Nancy Durbin who are sharing the message of faith community nursing to Australia this week

Of thanksgiving for the successful eye surgery on Kim Busboom (Fall 1997)

For the parish nurse stepping out in faith to begin her ministry in Danville

Family of Mel Billman

Ackermann family

Jim Brackney—friend of Jo Thompson

Kathie & Jim Buttitta

Faye Williamson & family

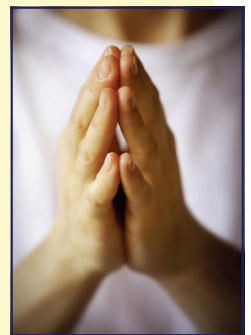
Nancy Roth

Mary Weicherding and her daughter

Nancy Bree

The parish nurse who is inactive due to poor health

The church who is desperately hoping for calm leadership during a rough transition of power



Parish Nurse Accomplishments for 2007

Thought I would share with you what we accomplished in the year 2007. This was put in the church bulletin this past Sunday and Father Dick addressed it at the beginning of his homily. He has been a great supporter of our program and attends our monthly meetings, which are held at the church rectory.

- ◆ 157 visits/contacts to nursing homes, homes, hospitals, church and by phone.
- ◆ 272 blood pressures taken at our monthly checks.
- ◆ 2 blood drives (Community Blood Services and Red Cross)
- ◆ Health Fair
- ◆ Walk to Lourdes Program
- ◆ Weekly Saturday morning exercise
- ◆ Weekday morning walking in gym
- ◆ Monthly Meetings with Pastor
- ◆ Health information for parishioners (illness prevention, referrals, education, etc.)
- ◆ Weekly church bulletin column
- ◆ Hosted quarterly Vermilion County Parish Nurse Meeting
- ◆ Services to school and Faith in Action
- ◆ Holy Family School Fair-38 blood pressures and related assistance
- ◆ Sponsored and collected for "Santa Anonymous" community Christmas program
- ◆ Attended "Protecting God's Children" class

We sponsored a CPR/AED class this past Saturday and besides 2 of us Parish Nurses, there were 6 other parishioners. The Red Cross came to the school and Father Dick is paying the fees.

We have our 2008 calendar planned.

Have a great day!!!
 JoAnn Thompson, Wilma Cole,
 Mary Ann Milewski, Judy Sheets, Karen Trimble
 (Winter 2005)





Name Change for Manor Care

HCR Manor Care announces a name change at their Champaign skilled nursing center to Heartland Health Care Center – Champaign. The 97-bed center, formerly known as ManorCare Health Services, is one of 11 Heartland centers in central Illinois to provide short term rehabilitation and skilled nursing.

According to Pamela Britt, Administrator, adding the Heartland name to the Champaign location was a natural decision. "Our sister facilities in the area are all known as Heartland. It made sense to have a consistent name in the community. We look forward to

continuing the tradition of quality health care with our new name." Heartland locations include Canton, Champaign, Decatur, Galesburg, Henry, Macomb, Moline, Normal, Paxton, Peoria and Riverview, which shares a campus with Riverview Senior Living Community in East Peoria.

Heartland of Champaign offers 24-hour skilled nursing and rehabilitation, including physical, occupational and speech therapy. The center also features private and semi-private rooms, a courtyard and planned recreational and social activities.

Education Resources

Save the Date—Reflect, Renew, Relate

5th Annual Trinity Parish Nurse Wellness Conference April 18, 2008

The Lodge Hotel and Conference Center
1-74 at Spruce Hills Drive
Bettendorf, Iowa

Keynote Speaker:

Joyce Rupp

Servants of Mary community
The Institute of Compassionate Presence
Des Moines, Iowa

Cost of conference is \$90 and includes: continental breakfast, keynote, lunch, and 3 breakouts

Join us as we rediscover who we are, why we do what we do and what we intend to accomplish through our work. Periodically it is important to look at our vocation and re-energize our thinking and behavior as we care for others. With greater energy it is possible to discover a new satisfaction in what we do and to formulate new ways to relate to our patients, our clients, our families and ourselves.

Questions—Call (309) 779-5120 or email slutzm@ihs.org or visit www.trinityqc.com/parishnurse

Contact our office for a brochure—Bev at (217) 326-2583 or beverly.talbott@carle.com

Winter 2008 Parish Nurse Class

*The Winter 2008 Community
Parish Nurse Program Basic
Preparation Course will be held in
Urbana on:*

*March 7, 8
March 28, 29
April 18, 19, 20*

*Fridays 5:30 p.m. – 9:30 p.m.
Saturdays 8:00 a.m. – 5:00 p.m.
Sunday 12:00 p.m. – 4:00 p.m.*

*If you are interested in attending
this course, call (217) 326-2583
for a registration form.*

*College credit is now available
through the UIC College of
Nursing.*

*For further information, contact
Faith Roberts at (217) 326-2683.*

SPRINGFIELD AREA

Springfield Parish Nurse Course

The class dates for the 2008
Springfield Parish Nurse Class
are:

March 14, 15
March 28, 29
April 11, 12
April 25, 26

Fridays 5:00 pm—9:00 pm
Saturdays 8:00 am—5:00 pm

Classes are held in Springfield.

Contact Tracey Kreipe at
Tracey.Kreipe@st-johns.org



RESOURCES

National Health Observances

March

Nation Brain Injury Awareness Month

Brain Injury Association of America
8201 Greensboro Drive, Suite 611
McLean, VA 22102
(703) 761-0750
www.biausa.org
Materials available

National Colorectal Cancer Awareness Month

Cancer Research & Prevention
Foundation
1600 Duke Street, Suite 500
Alexandria, VA 22314
(800) 227-2732
www.preventcancer.org/colorectal
Materials available

National Nutrition Month

American Dietetic Association
120 South River Plaza, Suite 2000
Chicago, IL 60606-6995
(800) 877-1600 X4771
(312) 899-0040
www.eatright.org
Materials available



April

National Donate Life Month

Division of Transplantation, Healthcare
Systems Bureau
Health Resources and Services Admin
US Dept of Health & Human Services
Parklawn Bldg, Room 12C-05
5600 Fishers Lane
Rockville, MD 20857
(301)443-7577
www.organdonor.gov
Materials available

National Child Abuse Prevention Month

Children's Bureau
Administration for Children & Families
1250 Maryland Avenue SW
Washington, DC 20024
(800) 394-3366
(703) 385-7565
info@childwelfare.gov
www.childwelfare.gov/preventing
Materials available

April 26-May 4

National SAFE KIDS Week

Safe Kids Worldwide
1301 Pennsylvania Avenue NW
Suite 1000
Washington, DC 20004-1707
(202) 662-0600
www.usa.safekids.org
Materials available

Keep your stats up-to-date

www.parishnurse.org

Parish Nurse Connection

Fax (217) 326-0018

Or call (217) 326-2683

